



Lourdes Arguello

Junior Associate



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San Pedro Sula, Honduras

Profesional Summary

Lourdes Argüello is a Junior Associate in the firm's San Pedro Sula, Honduras office, where she is a member of the Labor, Litigation and Arbitration practice groups. She holds a Law Degree and a Diploma in Anglo-American Law from the University of Navarra in Spain. Her academic and professional experience in Honduras, Spain and the United States has provided her with exposure to different legal systems and a strong ability to adapt to diverse professional environments.

Prior to joining Mayora & Mayora, Lourdes gained experience in civil, corporate, labor, administrative, immigration and commercial matters. Her work has included drafting legal documents, conducting legal research, assisting in litigation matters and supporting corporate and real estate transactions. She has also participated in due diligence processes, corporate structuring, employment matters and regulatory advisory work. She is recognized for her analytical skills, initiative, dedication and proactive approach to new challenges.

Representative experience

Lourdes has participated in corporate, labor, civil and administrative matters, assisting in contract drafting, due diligence processes, corporate formations and regulatory advisory work. Her international background enables her to contribute a comparative perspective to complex legal matters.

She has also been involved in the preparation of court and arbitration proceedings, including legal research, drafting legal submissions and supporting contentious matters. Her experience in Honduras, Spain and the United States has strengthened both her adaptability and analytical approach to legal problem-solving.

Education

Law Degree and Diploma in Anglo-American Law
University of Navarra | Spain | 2023

Additional Education

Diploma in Cadastral Registry in Honduras
Online | Honduras | 2026

Diploma in American & International Law
The Center for American and International Law | Plano, Texas, United States | 2026

Certificate in Anti-Money Laundering and Counter-Terrorist Financing
UNITEC | Honduras | 2025

Moot Court Program
University of Navarra | Spain | 2023

Summer Course: New Developments in Arbitral Proceedings
Alcalá de Henares | Spain | 2022

Judicial Secretary, Litis Simulatio
University of Navarra | Spain | 2021

Diploma in International Arbitration
Spain | 2020

Practice Areas

- Corporate and Commercial Law
- Litigation and Arbitration
- Labor and Employment Law
- Civil Procedural Law
- Registry and Cadastral Law
- Anti-Money Laundering and Counter-Terrorist Financing